

11.2.21

T: Can I write a fact file about the Sacrament of Reconciliation?



Say the Act of Contrition

(Practise again!)

O my God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving you.
Help me to live like Jesus
and not sin again.
Amen.

The structure of the Sacrament reconciliation (What happens and in what order)

- 1) Welcome and introduction by the priest (Father Joseph).
- 2) A Scripture reading from the Gospel (sometimes, not always).
- 3) Confession of sins.
- 4) The priest talks to us and tries to help us so that we can follow Jesus.
- 5) We receive a penance – a prayer and maybe some other actions as an act of thanksgiving for God's forgiveness.
- 6) We pray the Act of Contrition / Sorrow (the 'Sorry' prayer).
- 7) We receive absolute forgiveness from God.
- 8) We go in peace to try and live as better followers as Jesus.

TASK: Create a fact file to explain what will happen (in the right order) during the Sacrament of Reconciliation. You can use the previous slide and the next slide to help you. Either complete your work in Word, or on paper. You could also add decoration, or appropriate pictures for each step. 😊

What happens during the Sacrament of Reconciliation?

1. We are welcomed by the _____ who is _____.
2. There is a reading from the _____.
3. Then I will _____ my _____.
4. The _____ talks to us and tries to help us to follow _____.
5. We are given a _____ - a prayer and maybe an action to show thanksgiving for _____.
6. We pray the _____ which can also be called the _____.
7. We then receive _____ from God.
8. We go in _____ and try to live our lives like _____.

As part of reconciliation, we have to perform an 'examination of conscience'. We looked at this in our last lesson, using the Ten Commandments to help. This is a complicated way of saying that we should think very carefully about what we have done wrong, or think about something that we should have done, but didn't. After God has forgiven our sins through the priest, we are asked to say or do an act of penance. Remember how we always say that actions speak louder than words?

Why do you think that Catholics have to say or do penance?

Reflection:

Catholics have penance because...